



## Ketone Study

**Who can qualify:** Healthy men and women, aged 30-70.

### Supplement:

You will consume three different ketone esters (a ketone monester, a ketone triester, and a ketone salt) on separate visits.

### Visits:

Total of 7 visits: Screening visit, visit 2 (~8.5 hours at lab), visit 3 (~15 minutes, 24 hours after visit 2), visit 4 (~8.5 hours at lab), visit 5 (~15 minutes, 24 hours after visit 4), visit 6 (~8.5 hours at lab), visit 7 (~15 minutes, 24 hours after visit 6).

### Visits consist of:

Standard paperwork, vital signs, weight, blood work, and body composition assessment.

- Visits 2, 4, and 6 involve consuming one of the ketone esters and remaining in the lab for blood drawings and questionnaires for an 8-hour period.
- Visits 3, 5, and 7 involve a single blood draw and a questionnaire for 24 hours after consuming the ketone esters from visits 2, 4, and 6.

All testing is free of charge to you and the results are available to you so you can share with your physician.

### Reimbursement:

In addition to your lab-work results, you will be compensated \$1200 upon successful completion of the study.

### About CAHS:

We are a Clinical Research Organization that focusses on health, prevention and wellness.

Our lab is made up of PhD's in Exercise Science, Registered Dietitian, Registered Nurses, a Study Physician and Research Associates.

### What is Next:

Please contact us to see if you qualify and for additional information about the study.

Call/text us with any questions, our number is: **330-926-6927**

Visit our website to fill out a pre-screening form: <https://www.thecahs.com/want-to-participate>

Our research staff will schedule you for a screening appointment.